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## Clutter Free: Small Life Changes to Easily Organize Your Home and Reduce Stress (Volume 1)

*Lynn Hall*

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**Lynn Hall : Clutter Free: Small Life Changes to Easily Organize Your Home and Reduce Stress (Volume 1)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Clutter Free: Small Life Changes to Easily Organize Your Home and Reduce Stress (Volume 1):

9 of 9 people found the following review helpful. Not What You Think! By Tag Powell I bought this book by mistake but boy I am glad I did. This little book is the secret to simplify your life by decluttering. Your environment is causing stress and health problems in your life. The goal of this book is to get rid of clutter around you. You are taken room by room through your house and office. My desk alone will scare little children. You learn to understand the problem. Clutter grows like magic. One piece of clutter draws another. In each room you are given the techniques and short cuts to making it happen, kill the clutter. You learn to choke the life out of clutter. When you finish this little book you will know how to win the clutter battle. Do you really want to get rid of the clutter? Recommended! 5 of 5 people found the following review helpful. Great read. By Sleepless in Houston Very well done! I think the author has been sneaking around in my home. I'm one of those people that hold on to stuff they MIGHT have a need for someday. I have medications in my cabinet, that are literally years old, and I don't throw them out. That is the place, I am going to apply the golden rule next. I have finally gotten the desk in my office to where part of the working surface wood is visible. My junk drawer (I call it qa snake pit) is empty. Nest up in the office is going to be my book case. I have a MS Word 2003 Word for Dummies book on a shelf. I'm on Word 2010. Thanks for the inspiration. Now if I can just find someone to supply me with the energy to tackle the computer desk and book shelves. Great read. 4 of 4 people found the following review helpful. Good book and I would recommend it to almost any home owner By alex "Productivity Habit Building" is full of great suggestions on how to declutter all rooms in your home including the garage The book contains good strategies of how to take this on and also includes a checklist to follow to keep you on track. Lynn Hall explains how the clutter in your home can result in stress and by following the guidance how you too can de-clutter and feel much better in your surroundings. I have started on a plan already and this book has given me the incentive to do what I have wanted to do around my house for some time. Good book and I would recommend it to almost any home owner

Discover: How to Take Small Steps to Organize Your Home and Live in a Stress Free Environment Want to de-clutter your home and live in a stress free environment, but feel like you do not have enough time? You can! There is no debate that holding on to certain things can be pretty important. Memorabilia from loved ones, tokens of success, and essential records should always have a safe and secure place in your home. As the years go by, some of us tend to keep more than we should though. Learning which items to keep and which ones to let go of becomes incredibly vital when you are attempting to de-clutter your home, reduce your stress, or even simply streamline your day-to-day life. Learn: How to let go of Stress by Getting Real with yourself Condition of your home is a direct reflection of the condition of your mind and body. When our homes are cluttered and disorganized it eventually leads to us to feeling personally cluttered, scattered, and stressed out as well. This book is designed to walk you through fixing the problem from the outside in. Habits, Tips and Tricks: Thinking Outside the Box These pages you will find helpful tips and tricks that lead to habits that will ultimately lead you towards organizing your home and de-cluttering it for good. The next few pages will allow you to release the hold that clutter has on you. You will find ways to reorganize your home while still keeping some money in your wallet and some wits about you. One Small Step + Another = Great Progress x A Lifetime This book will guide you through your home step-by-step, and then it will help you to discover ways of clearing your stress, just like you were brushing away old cobwebs. Because you will be able to do all of this stress-relieving and cleaning at no cost, there is an added section in the end of the book that will teach you how to help you kick it up a notch in order to make your life that much easier. Make your de-cluttering decisions with some knowledge and preparation to back them up. Oh, and happy organizing! Download: Productivity Habit Building: Small Life Changes to Effortlessly Organize Your Home and Reduce Stress Information on just how to do it. Tips and Tricks: Thinking Outside the Box Why Clutter Stresses You Kitchen Bedrooms Bathrooms Living Room Office Playroom Closets Basements and Attics Garage Kick it Up a Notch All you need to do is make a commitment to yourself and take small steps each day. Grab Your Copy Today