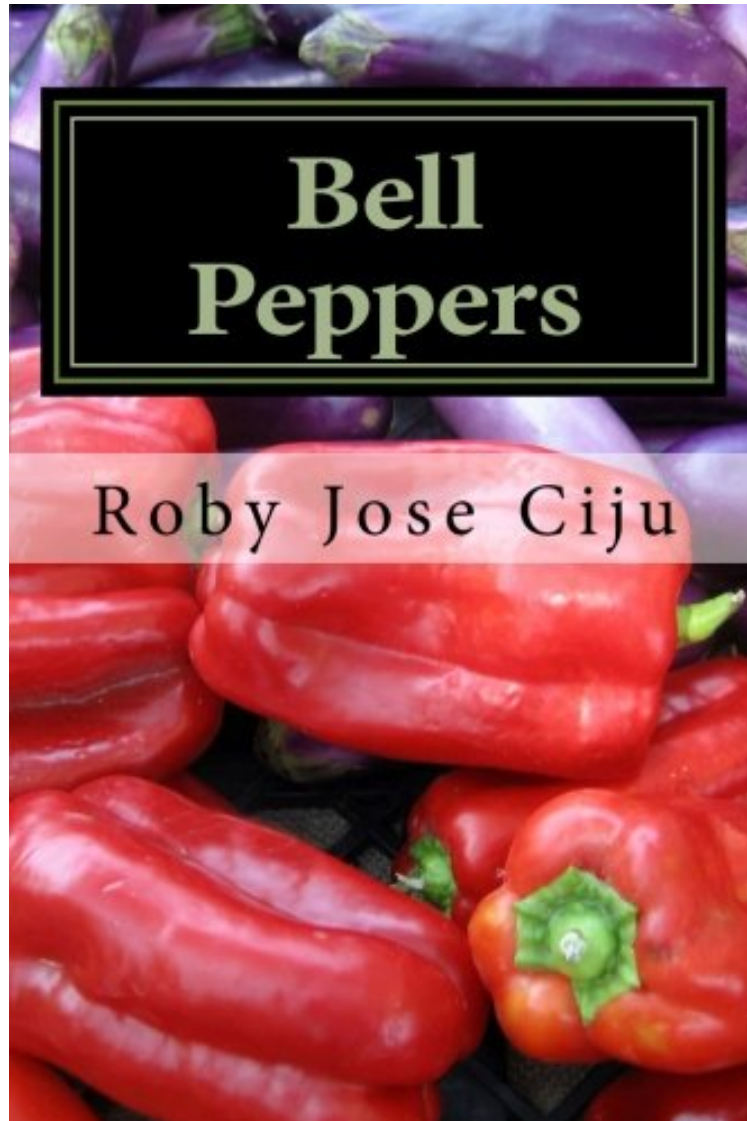


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The book 'Bell Peppers' explains growing practices for bell peppers and their nutritional information. Bell peppers are one of the most popular capsicum vegetables in the world. They are rich in antioxidants and are considered as health-

promoting vegetables.