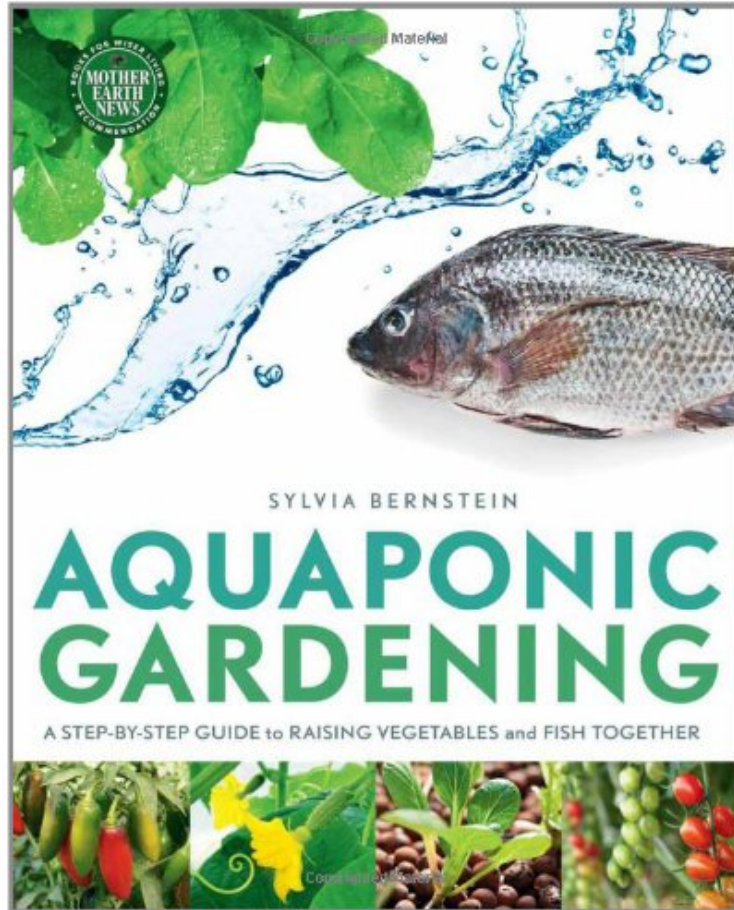


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Aquaponic Gardening: A Step-By-Step Guide to Raising Vegetables and Fish Together

Sylvia Bernstein

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Sylvia Bernstein : Aquaponic Gardening: A Step-By-Step Guide to Raising Vegetables and Fish Together

before purchasing it in order to gauge whether or not it would be worth my time, and all praised Aquaponic Gardening: A Step-By-Step Guide to Raising Vegetables and Fish Together:

0 of 0 people found the following review helpful. Read a book before you spend money. By Virginia Bergstrand Being retired we notice more things that we "might" be interested in doing. We have found that by purchasing books that will tell us "all about it" EG: XXXXXX for Dummies let's us know what to expect and what is expected from us. On several occasions we have not gone beyond reading the book. They are worthwhile investments. This method saves an investment which down the road just might disappoint us. Not to mention that if we go forward we have an excellent guide to help us. This book is SUPER helpful and it looks like we will be looking further into this endeavor. 2 of 2

people found the following review helpful. Highly RecommendedBy 2cents-worthThis is an excellent resource for anyone wanting to get started with aquaponics. It explains complex technical information in simple terms that demystify the science surrounding aquaponics, making it accessible to everyone that dreams of eating wholesome, organic, sustainably grown food produced in their own back garden (or basement).0 of 0 people found the following review helpful. Fishy businessBy MotoSteveA good story but hard to pull off. I suspect there is a lot of wishful thinking, if not exaggeration, in this book. I converted my aquaponic system to hydroponics and get much better results.

Aquaponics is a revolutionary system for growing plants by fertilizing them with the waste water from fish in a sustainable closed system. A combination of aquaculture and hydroponics, aquaponic gardening is an amazingly productive way to grow organic vegetables, greens, herbs, and fruits, while providing the added benefits of fresh fish as a safe, healthy source of protein. On a larger scale, it is a key solution to mitigating food insecurity, climate change, groundwater pollution, and the impacts of overfishing on our oceans. Aquaponic Gardening is the definitive do-it-yourself home manual, focused on giving you all the tools you need to create your own aquaponic system and enjoy healthy, safe, fresh, and delicious food all year round. Starting with an overview of the theory, benefits, and potential of aquaponics, the book goes on to explain: System location considerations and hardware components The living elements--fish, plants, bacteria, and worms Putting it all together--starting and maintaining a healthy system Aquaponics systems are completely organic. They are four to six times more productive and use ninety percent less water than conventional gardens. Other advantages include no weeds, fewer pests, and no watering, fertilizing, bending, digging, or heavy lifting--in fact, there really is no downside! Anyone interested in taking the next step towards self-sufficiency will be fascinated by this practical, accessible, and well-illustrated guide. Sylvia Bernstein is the president and founder of The Aquaponic Source and the Vice Chairman of the Aquaponics Association. She also manages AquaponicsCommunity.com, the largest US-based online community site dedicated to aquaponic gardening. An experienced speaker and internationally recognized expert on aquaponic gardening, Sylvia writes and blogs on the subject for the Aquaponic Gardening Blog, Growing Edge and more. Her inspiration is a large, thriving aquaponic setup in her backyard greenhouse in Boulder, CO powered by tilapia, catfish, and other creatures-that-swim.

This isn't just another book for dummies; this is a comprehensive handbook on how to grow real food...so meticulously documented, that failure is not an option. --Jeff Edwards President, Progressive Gardening Trade Association (PGTA)I have always wanted to put my money where my mouth is and figure out how to do sustainable aquaculture in the context of my home garden. Finally Ive got the book to help me do it. --Paul Greenberg - Best Selling Author, Four Fish: The Future of the Last Wild FoodThis is a delightful book to read! ... Ive been involved with hydroponics and aquaculture for 30 years and still learned from reading this very thorough how-to book. --Henry A. Robitaille, PhD - Former General Manager, The Land Exhibit, Epcot CenterLearning how to garden through the creation of a completely balanced ecosystem is now clearly understandable, even to inexperienced gardeners. --Michael C. Metallo, President and CEO, National Gardening AssociationSylvia Bernstein has provided the "aquapons of the world" with a clear, impassioned, and elegant "Bible" to spread the good news about aquaponics. --James J. Godsil, co-founder Sweet Water Organics Sweet Water FoundationAquaponic Gardening is an excellent primer for anyone considering home-scale aquaculture. Whatever your location or methods, the information should prove invaluable. Fish are within reach! --Peter Bane, Publisher of Permaculture Activist magazineNow the thousands of people who are discovering aquaponics every day have a resource for moving from the dream to the step-by-step reality of raising fish and food in their homes, yards, and even businesses. --John Thompson Sr. VP Sales and Marketing (and Basement and Backyard Aquaponist) AeroGrow International, Inc.This book is a vital resource for urban homesteaders. --Sundari Kraft, author of "The Complete Idiot's Guide to Urban Homesteading"The science is so well explained, it is easily understood. I am ready to start. I love this book! --Jeff Lowenfels, Author, "Teaming With Microbes"About the AuthorSylvia Bernstein:is the president and founder of The Aquaponic Source and the co-Founder and former Vice Chairman of the Aquaponics Association. She also manages AquaponicsCommunity.com, the largest US-based online forum site dedicated to aquaponic gardening. An experienced speaker and internationally recognized expert on aquaponic gardening, Sylvia writes and blogs on the subject for theAquaponic Gardening Blog, Maximum Yieldand more. Her inspiration is a large, thriving aquaponic setup in her backyard greenhouse in Boulder, CO powered by tilapia, catfish, bluegill and other creatures-that-swim.