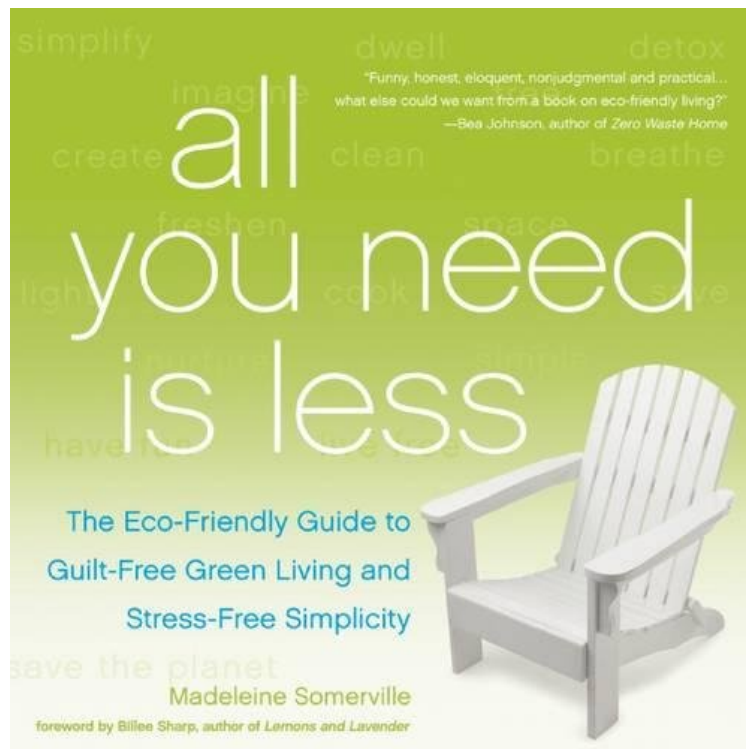


(Library ebook) All You Need Is Less: The Eco-friendly Guide to Guilt-Free Green Living and Stress-Free Simplicity

All You Need Is Less: The Eco-friendly Guide to Guilt-Free Green Living and Stress-Free Simplicity

Madeleine Somerville

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Madeleine Somerville : All You Need Is Less: The Eco-friendly Guide to Guilt-Free Green Living and Stress-Free Simplicity before purchasing it in order to gage whether or not it would be worth my time, and all praised All You Need Is Less: The Eco-friendly Guide to Guilt-Free Green Living and Stress-Free Simplicity:

6 of 6 people found the following review helpful. All you need to do is to buy this book!By Annie BarnwellI struggled with adding a book entitled "All you need is less" to my collection, but I'm so happy I did! There are lots of great DIY tips and ideas for living "green" and "greener". Some of which I had heard of and used before (using comics to wrap gifts) and some were very new (a Mason jar as a travel mug "you can toss it in your purse" = GENIUS!!). The personal anecdotes and examples from the author's life add humour and whimsy and make you feel like you're chatting with a friend.I had no idea there were so many uses for apple cider vinegar, and I've already purchased the ingredients I need to make my own laundry soap. I can only imagine what my husband will think when he finds out I've switched to home-made laundry detergent, but I'll memorize the section on "What to do when your partner is a soul-sucking planet killer" so I react appropriately.2 of 2 people found the following review helpful. You MUST read this Book!By fernandaBeing eco-friendly was never so easy. A nice girl sharing her recipes and "hippie" lifestyle will give you plenty of ideas and encouragement to be in the hippie side as well. We all can help a little and give our kids and grandsons an environment worth living in. All You Need is Less is All You Need to convince yourself, get the

knowledge missing and take the step forward. This is THE Book! 2 of 2 people found the following review helpful. Laughed out loud! By Laugh at the Future Loved the tongue-in-cheek humor. I even bought a copy for my daughter! This was fun to read and provided lots of great ways to make products we use everyday. I'm ready to stock up on Borax and vinegar!!!

Most eco-friendly books start with terror-inducing lists of the carcinogenic chemicals you are liberally slathering all over every single surface in your house, painting most people as unwitting eco-villains, happily Lysol-ing their way straight to hell. Well, readers can just relax and unpack the (plastic) bags no guilt trips today! All You Need is Less is about realistically adopting an eco-friendly lifestyle without either losing your mind from soul-destroying guilt or becoming a preachy know-it-all whom everyone loathes. Its all gotten kind of complicated, hasn't it? This whole eco-friendly thing seems to have devolved into a horrific cycle of guilt, shaming, and one-upping, and as a result people are becoming exhausted. It doesn't have to be this way. It is possible to take baby steps towards a more Earth-friendly lifestyle without stress, guilt, or judgmental eco-shaming. Top eco-blogger Madeleine Somerville is here with really original ideas on how to save money and the planet. Her ideas are even fun! Somerville has emerged as the voice of reason on urban homesteading that is stress-free, sanity-based, and above all do-able.

"A very practical and funny, green book on how to consume less and still live a fulfilling life." New Thought Magazine "All You Need Is Less does a good job at making green living seem more attainable and manageable, and that's definitely something worth promoting." TreeHugger.com "With a chatty, friendly, guilt-free tone, All You Need is Less offers a plethora of ideas for living a greener, healthier, more eco-friendly and sustainable lifestyle." City Book "This is the PERFECT gift for anyone who wants to learn how to be more eco in their every day lifestyle choices and doesn't know where to start." Green Kick "I came away from this book with so many ideas, and this is one that I'm going to keep front and center in my bookshelf, knowing that I'll be returning to it frequently to look up recipes or get ideas on how to do something again and again." 5 Minutes for Mom "Top eco-blogger and new parent Madeleine Somerville has gathered completely original ideas on how to save money and the planet, and have fun in the process." Edge Magazine "From the first page to the last, Somerville's style crackles with funny, and I can't get enough! Better yet, All You Need Is Less is chock full of excellent tips, tricks, and advice for 'green living' as a lifestyle and not just a fad." The Homemade Creative "Truly attainable greener living by making small changes." Don't Eat the Paste "As someone who tries teaching others to realistically live a green lifestyle, I absolutely LOVE this book. It does away with the guilt trip that fills most eco-friendly books and gets straight to what you want most: tips on how to live green that are easy enough for just about anyone and will save you money or not cost you much of anything at all." Budget Earth "Hands-on and instructional, and includes sections on gardening, lifestyle, body, and home, with recipes for things like toothpaste, deodorant, cleaners, and general information about living more simply." Twenty-two Pleasant "If you want to learn more about simplifying your own life and going green at the same time, be sure to pick up this book." A Fulfilled Mommy "All You Need Is Less is full of practical advice and fun do-it-yourself activities for the whole family to help you green your life and save you money all in an easy to do way." Family Focus Blog "I loved that this book was full of inspiration including recipes for the budget-conscious and earth-friendly readers. The book more than pays for itself just based on the easy-to-follow recipes for household cleaners and homemade beauty products." Northern Cheapskate "Why I love Madeline: she just gets people! She writes in a way that is completely relateable, never condemning, and will make you laugh until you cry." Hands and Hearts More than Full "Chock-full of ways to save both the planet and money." Edge "The next generation of green living." 4 Mothers "This book covers the basics in a fun and quirky light, but covers some serious issues about today's culture and our obsession with consumerism." So Easy Being Green "Witty and light-hearted, and only offers tips and ideas to make your life more eco-friendly without changing every facet of your life." Found Frolicking "Perfect for anyone that is trying to become earth friendly and live a more sustainable lifestyle. I enjoyed reading this book from cover to cover." Grandma Bonnie's Closet "All You Need Is Less is a funny, real and practical guide to living green while saving money." Twin Cities Frugal Mom "There is something here for even the most casually 'green' people to adopt to their lifestyles." The Broke Mom's Guide to Everything "Blogger Madeleine Somerville has filled this book with practical tips that you can use to reduce consumption and incorporate repurposing and recycling into your daily life. A simple life can be a big improvement that will lead you to more peace and happiness." Mama Likes This "A funny, relateable guidebook to help many of us make green living a reality." Over 50, Feeling 40 "Health. Babies. Dogs. All gone green. And by the way, she's hilarious. This isn't just a list of green living concoctions and tips. There are anecdotes from her own life. Struggles to get her husband to see her point of view. Struggles within herself at certain points. There wasn't a page that I flipped where I wasn't entertained." Femme Frugality "A funny, almost optimistic, list of things you might actually do to go green and frugal. Peppered with personal anecdotes and words of encouragement, I'd describe it more as Martha Stewart goes crunchy granola, than 'this is the only sane way to live.' Doesn't that sound like fun!" Art of Natural Living "Funny, honest, eloquent, non judgmental and practical... what else could we want from a book on eco-friendly living?" Bea Johnson, author of Zero Waste Home: The Ultimate Guide to Simplifying your Life by Reducing your

Waste"Madeleine manages to craft compelling prose on life's big moments and small. She brings her irreverent, yet always sweet eye, to convey with humour and humility whatever she chooses to illuminate. Highly recommended author." Ian MacKenzie, Filmmaker "Occupy Love""Madeleine Somerville effortlessly blends fresh ideas with a delicious sense of humour to create eco-friendly tips you'll actually want to read. Seen through her lens, living a green life becomes not only attainable, but irresistible, too."Eden Godsoe, Founder and CEO of SkinnyScoop.com"Budget tips you'll never read anywhere else."The Frugal Family"Simple steps you could take immediately to have greater simplicity in your life and free up your energy."Susyn Reeve, author of The Inspired Life