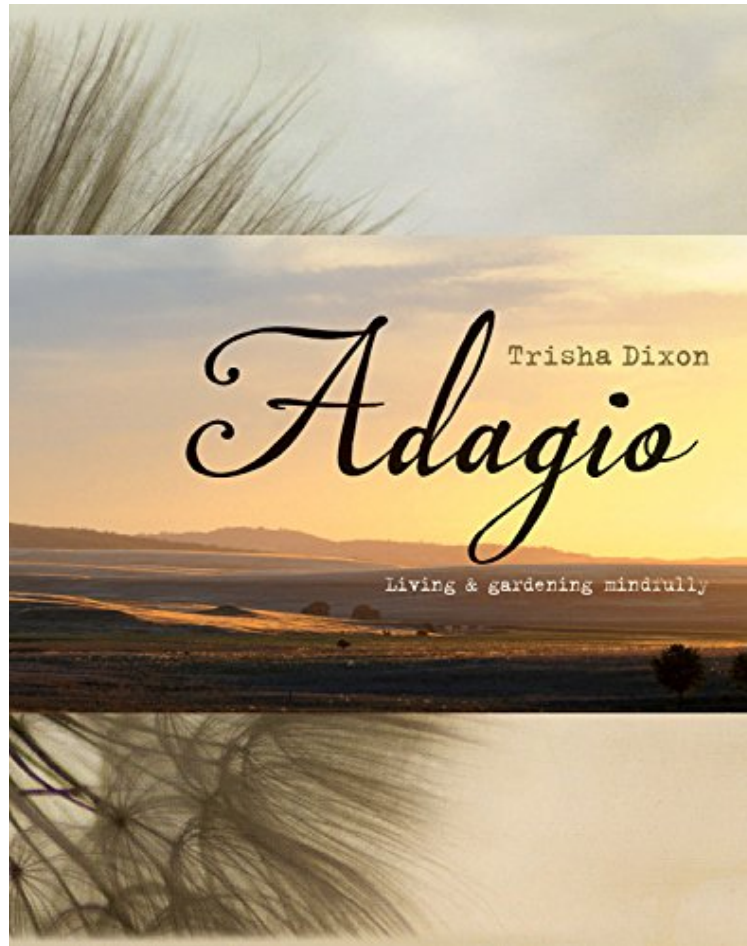


[Ebook free] Adagio: Living and Gardening Mindfully

Adagio: Living and Gardening Mindfully

Trisha Dixon

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Adagio is a charming treatise on slow gardening and the importance of slowing down and enjoying life. At the same time, it has an environmental message regarding living ethically and sustainably. This message is delivered in Trisha Dixon's inimitable style, as she seamlessly blends personal anecdote with musings and facts, drawing on her gardening background and her wide-ranging interests in philosophy, music, art, nature and the environment. It will appeal to gardeners and dreamers alike - anyone, in fact, who yearns for a more environmentally-attune life.

About the Author Trisha Dixon is on the board of the Powerhouse Museum and national management committee of the Australian Garden History Society. She gives a large number of lectures, radio interviews, and writes many magazine and newspaper articles on garden-related subjects.