



how-to books and has more than 1,000 published credits. Her books include the best-sellers *Ghostwriting: How to Get into the Business* and *60-Second Shiatzu*. Pam Posey is an eminent free-lance illustrator. Her art styles range from realistic to cartoon. Pam's work has appeared in storybooks and coloring books (including the famous *Thomas the Tank Engine*) and on greeting cards, games, and apparel.