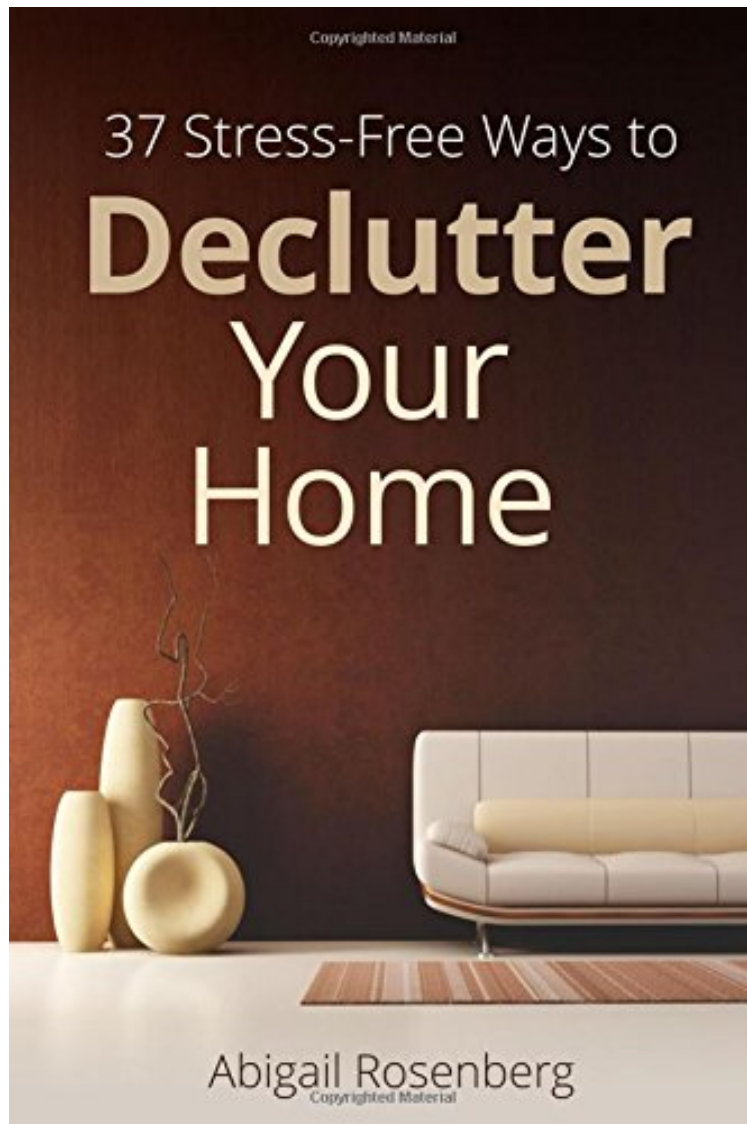


(Download ebook) 37 Stress-Free Ways to Declutter Your Home

37 Stress-Free Ways to Declutter Your Home

Abigail Rosenberg

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Abigail Rosenberg : 37 Stress-Free Ways to Declutter Your Home before purchasing it in order to gage whether or not it would be worth my time, and all praised 37 Stress-Free Ways to Declutter Your Home:

0 of 0 people found the following review helpful. Five StarsBy Lesley Brochu-ScottLove it.2 of 2 people found the following review helpful. Different methodsBy B. BauerLike virtually all folks, I (we...hubby and I) have over almost 30 years have clutter. I've retired, and have been slowly decluttering my stuff, some mutual stuff, and (for example) kitchen "stuffs" over time.This little book seems a more logical fit than those of the Japanese writers. I read the Konmari books on decluttering, and quite frankly, her books for me (and several friends had the same comment...)

make the "project" assignments too big, and thus makes for many a non-starter!! I don't have kids, but knowing that day to day with them doesn't lend enough time to say,...clean a whole room! This book I like better as its author seems to realize that most do NOT want to spend all or most of their free time to decluttering, but instead breaks this task into smaller times and too areas! E.g., declutter a junk drawer, top of your dresser, bathroom closet etc. By example too, do you work full time -and- then clean the whole house on your day(s) off? No, you clean the bathroom, or just the shower, maybe dispatch mail....pay bills, advertising junk mail to recycle, shred items no longer needed etc. This little book also makes common sense. Many of the authors methods I've been doing for years, but the "public areas" (living room, kitchen, guest bathroom) get more of the trickle clutter. Magazines left on the coffee table, slippers, socks etc....are areas that slowly creep up and become cluttered, or yup....MESSY. For a realistic and different perspective, this book should be a really good methodology of cleaning/decluttering. For some reason with me anyways.....calling the declutter process for small targeted areas tends to get done when I use the word "clean" instead. I know, semantics.....:-) 3 of 3 people found the following review helpful. The author explains that people in disarray feel much worse than tidy. By Customer I bought this book before beginning repairs in my house. The book contains a sufficient set of tips and tricks that will help you permanently rid your home of all this mess. The author explains that people in disarray feel much worse than tidy, clean room, and when the mess around a foul mood, and there is some discomfort. This book has helped me to understand how exactly the mess in the room may interfere with my well-being, comfort and happiness.

Are you sick of feeling stressed, overwhelmed, and as if youre drowning in stuff? Do you wish you could finally rid your home of all that clutter? If you would like to declutter your home and do it even if you feel completely overwhelmed and dont know where to begin then this book will show you how. Let me ask you Do you feel like you cant calm down or find peace when your home is so full of clutter? Do you feel as if all that clutter is constantly draining you of energy? Do you feel hopelessly overwhelmed and dont know where to begin? If so, this book is a death sentence for your clutter. Learn how to continue being messy but have a clutter-free home. (Seriously) Heres a little nibble of some of the clutter-killing strategies youll find inside the book: How to be messy and toss things all over the place but still have a clutter-free home with no effort. (Sound impossible? Its not.) The easiest and most efficient method for sorting your clutter. The surprisingly simple secret to making the right decision when decluttering items youre not sure whether to throw out. And much more! If youre sick of being frustrated as hell by your clutter, 37 Stress-Free Ways to Declutter Your Home is for you. Declutter your home and free your mind. Discover The completely counterintuitive Japanese decluttering method that will upend everything you ever thought you knew about decluttering. A secret formula discovered by a 19th-century Italian economist that will make decluttering your home twice as easy. (Its harsh on the clutter, but youll feel so relieved.) How to have closets, desks, and cabinets that are completely organized. (Just imagine how much simpler life would be.) And much more! 37 Stress-Free Ways to Declutter Your Home wont only banish your home of clutter, but youll feel so much lighter and more relaxed. Youll be surprised by how much your mental state of mind is directly related to how decluttered your home is. To declutter your home once and for all, scroll up and click BUY. P.S. Get ready to have a home that relaxes you rather than stresses you.