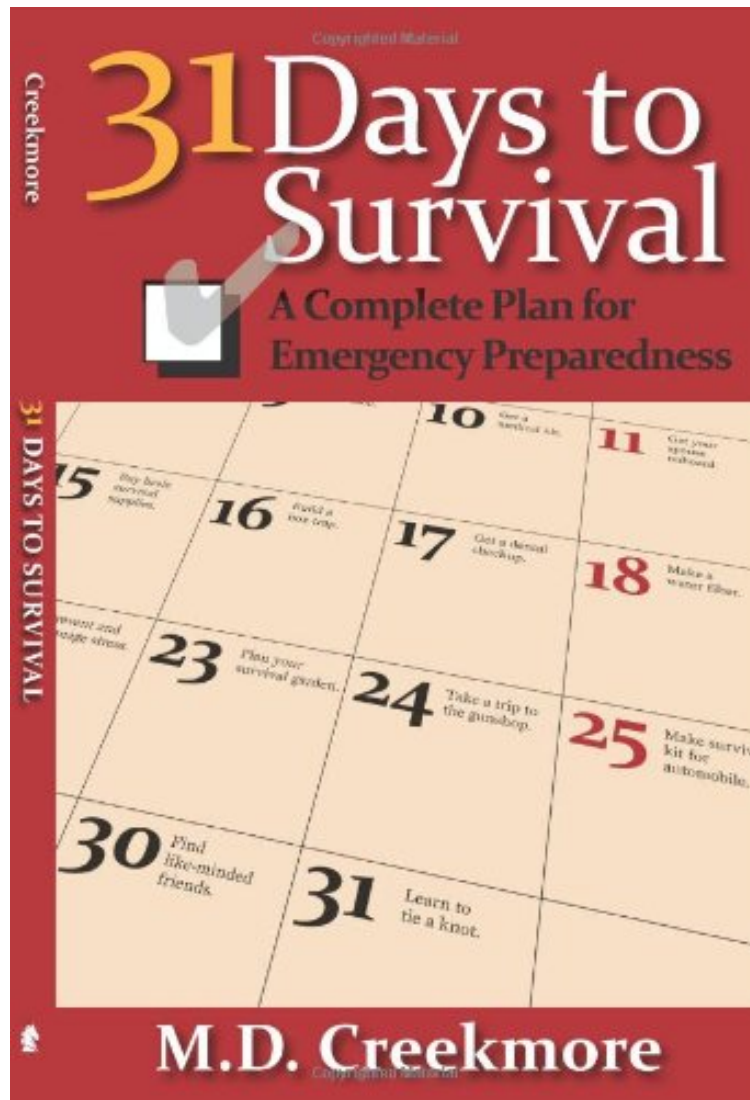


(Download) 31 Days to Survival: A Complete Plan for Emergency Preparedness

# 31 Days to Survival: A Complete Plan for Emergency Preparedness

*M.D. Creekmore*

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**M.D. Creekmore : 31 Days to Survival: A Complete Plan for Emergency Preparedness** before purchasing it in order to gauge whether or not it would be worth my time, and all praised 31 Days to Survival: A Complete Plan for Emergency Preparedness:

2 of 2 people found the following review helpful. Jumpstart your preparedness By G. Chapman I picked this book up based on the concept of getting reasonably prepared in a short amount of time, and I'm glad I did. The book delivers on its promise of "31 days" by assigning a specific task every day for a month, and as long as you understand where Creekmore is coming from you won't be disappointed. I think some reviewers have missed the point. Creekmore isn't

trying to give you the end-all-be-all of survival/disaster preparedness, nor is he at all dogmatic in his recommendations or advice; he's trying to get you moving in the right direction quickly. Disaster preparedness can be a little intimidating if you're new to it, and even for those more experienced it's very easy to get sidetracked and have major gaps in your supplies, planning, and skills because you become too absorbed and focused on a given area or particular plan. This book helps solve these problems by giving a goal and direction. For example, I certainly didn't follow every single detail in the book; I modified as needed to address my particular needs, but looking at the calendar and feeling like you're actually making significant progress toward being more prepared every day really helped give me direction and focus. Like I said, this isn't the end-all-be-all of prepping by any means...BUT, if you follow Creekmore's advice and stick with the timeframe and general plan he sets out, in a month you'll be far ahead of most people, even those within the preparedness minded community. Bottom line: After following the general theme of the book, I'm more prepared now than I was before I read it.

0 of 0 people found the following review helpful. Useful - but Unrealistic Timing  
By Stella LaRue  
This is a great resource with some excellent tips and process to follow towards self-sufficiency. However, there is no way possible for someone (even working on this full-time) to complete all of these steps in 31 days (probably more like 6 months to a year). One of the steps was "learn self-defense" as though this is possible to accomplish in a single day. Purchasing and putting together the emergency kits are also listed as taking a single day and that's also probably unrealistic. Also, some of the topics covered in the book didn't make sense to me and didn't seem to logically fit into the sequence of the preparedness calendar (but that is probably a subjective thing). It didn't make sense to build a "solar cooker" and "box trap" before learning about how to filter and purify water. Overall though a good resource and a great place to start organizing your thinking and preparation for emergencies and disasters.

1 of 1 people found the following review helpful. A Must Read For Preppers  
By DJV  
This book is for all people who are either seasoned preppers, or new to the path of self reliance. For those who are already on the path, it is a great step by step guide check list to see which areas you have covered and to what extent, and which areas you are lacking. For the new person just getting started, or even just thinking about getting started, it is written in clear concise chapters that address each area of preparedness, so that anyone will know that they too can become self reliant and disaster prepared. M.D. Creekmore has written a book that is smooth flowing, easy reading, that allows every reader to realize that eating the "elephant of preparedness" truly is one bite at a time, and can be accomplished without getting the "indigestion" of great expense.

People are born with the innate desire to survive, but sadly, many in our increasingly dependent society look to others for relief and assistance following a disaster. The fact is that help from government, family, or neighbors is often unavailable when needed most, and in the end you may have only yourself to count on. Do you know what to do and how to do it if disaster strikes? If not, *31 Days to Survival* by M. D. Creekmore (author of *Dirt-Cheap Survival Retreat*) will help you prepare to survive both short- and long-term disasters. Each day contains a specific task for you to do. This daily, step-by-step approach is designed not only to teach you practical survival skills, but also to ensure that you complete the vital tasks by the end of 31-day period, thus increasing your survival skills and your readiness to survive a long-term disaster. By the end of the 31 days you will have:

- Built a rotating canned food shelf and filled your pantry with nutritious, durable food
- Accumulated the right firearms for foraging and defense
- Assembled emergency first-aid and dental kits
- Made a homemade water filter
- Put together a functional 72-hour kit and an everyday carry kit
- Constructed and used traps for small game and fish
- Collected tools and seeds for your survival garden
- Made like-minded friends
- And much more . . .

Are you willing to invest a month of your time for survival skills and knowledge that will last a lifetime? If the answer is yes, what are you waiting for?

**About the Author** M.D. Creekmore is one of America's foremost experts on survival, emergency preparedness, and self-reliance. He has dedicated his life to learning the skills needed to stay alive in an increasingly dangerous world. Since its inception in 2007, his blog ([www.thesurvivalistblog.net](http://www.thesurvivalistblog.net)) has grown into one of the most popular preparedness sites on the Web. A few years ago, he got sick of being another rat in the rat race, so he bought two acres of land off the grid for \$2,000 and parked a 26-foot travel trailer on it this is now his full-time home and survival retreat. He is a black belt in Shotokan karate, gunsmith, survivalist, homesteader, and all-around nice guy.