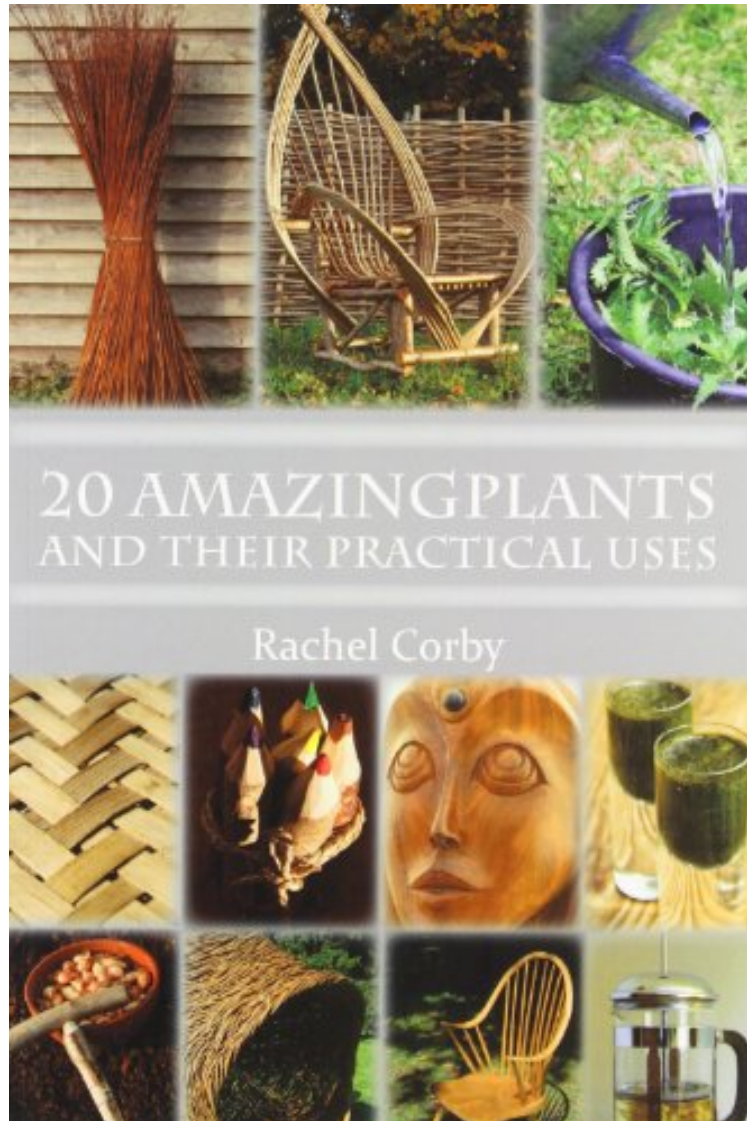


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## 20 Amazing Plants: And Their Practical Uses

*Rachel Corby*

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**Rachel Corby : 20 Amazing Plants: And Their Practical Uses** before purchasing it in order to gage whether or not it would be worth my time, and all praised 20 Amazing Plants: And Their Practical Uses:

Let this book take you on a journey with plants, beyond just the aesthetic and edible pleasures they provide, to an in depth understanding and usable knowledge of how, with just a handful of versatile plants, you can transform your outside space into a diverse and resilient living store of building materials, fuel wood, medicines and raw materials for

creating furniture, fabric and household utensils. Allow yourself to be inspired, to experiment in growing and creating some of the home comforts you are more used to purchasing. Choose the right plants for you and watch them grow, nurturing them to the point of harvest, then fashioning the finished product with your own skill and handiwork. This is an essential book for anyone interested in how we will continue when fuel has peaked.

About the Author Rachel Corby is a journalist whose work deals mainly with the relationship between people and plants. Her awareness of the potential of plants dates back to her time in Guatemala where she worked on a project to help protect the forest. Her new awareness of the knowledge and understanding these people had of the plant world served to fire her thirst for further learning on the subject which took her round the world from spending time with numerous African tribes to a full nine month apprenticeship in the wilds of New Mexico. Her scientific understanding came from the herbalists and her spiritual knowledge from the shamans. She shares her life with photographer Stephen Studd who provides much of the beautiful photography which illustrates her work.